

Mentorship Program

Outline

Duration 2 mths

- 8 hrs Practice teaching with Studio Director (1/wk)
- 16 hrs assisting Studio Director in various classes (2/wk)
- 4 hrs Anatomy of Yoga Review (1/wk for 4 wks)
- 4 hrs Teaching Protocol, Studio Protocol, Operations (1/wk for 4 wks)
- 8 private sessions with Studio Director (1/wk)

Mentorship Program Fees

\$1,800

Energy Exchange Option

For those who qualify, an energy exchange option is available to reduce the cost of the mentorship program as follows:

Once approved and committed to the program, the student pays \$600 and agrees to teach 2/wk for Shas at no cost to the studio for a total of 3 consecutive months, a total of 24 classes. The teaching shall commence 1 month following the start of the Mentorship Program or as determined by Studio Director.

Following the successful completion of the Mentorship Program, and a favourable evaluation, an offer of employment will be made to the student to join the Shas team.

Some conditions may apply which are contingent upon the performance of the student during the Mentorship Program and the evaluation.