



Yoga & Pilates Studio

Shâs Yoga & Pilates Studio  
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## SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				7:45 AM Fusion 1-2	
					10:00 AM Pilates 1-2
					11:15 AM Vinyasa 1-2
		4:00 PM Vinyasa 3			
5:30 PM Vinyasa 1-2 <i>soon to come</i>	5:30 PM Pilates 1-2		5:30 Pilates 1-2 <i>Soon to come</i>		
	6:45 PM Fusion 1-2	7:00 PM Vinyasa 2-3			

### CANCELLATION POLICY

BECAUSE OF THE NATURE OF OUR WORK, WE DO MAINTAIN A 24-HOUR CANCELLATION POLICY ON ALL SESSIONS, BOTH CLASSES AND PRIVATES, ON-SITE AND OFF-SITE. IF YOU ARE NOT SURE IF YOU ARE ABLE TO COMMIT TO A SESSION, NOTIFYING YOUR TEACHER AS SOON AS POSSIBLE WILL BE GREATLY APPRECIATED.